Registration form

Name			
Address			
Phone			
Email			
Groups Please indicate your first and second choice.			
1st choice			
2nd choice	2		
Are you a member of COPE? If not, may we add you to our membership list?		Yes	No
		Yes	No
How did you find out about talking together?			
Website	Friend	Newsletter	
Other			

Registration forms must be returned by **Wednesday 2 October**

Please post to: **COPE, St Luke's Community Centre, Victoria Road, Cambridge CB4 3DZ**

or email: copetalkingtogether@hotmail.com

You are welcome to register over the phone on **01223 364303**

Visit www.copecambs.org.uk for more details

talking together

is a unique initiative that brings older adults together for stimulating **telephone-based conversations** about topics of shared interest. Just select and register for a group and we will do the rest. We will call you on your phone when the discussion is about to start and connect you to your group. Then you enjoy 45 minutes of discussion, facilitated by a skilled leader. All groups take place on Monday and Thursday afternoons. Just select and register.

Please join us!

To register...



01223 364303



copetalkingtogether@ hotmail.com



Or complete and post the registration form to:

COPE, St Luke's Community Centre, Victoria Road, Cambridge CB4 3DZ

Funding is provided by The Allen Lane Foundation and the Community Fund at The Leys School

talking together

A FREE programme of stimulating telephonebased discussions for older adults

October - November 2024





- 1 choose a group.
- 2 register.
- 3 join in!







A virtual journey to the **Botanical Gardens Cambridge**

Marian French, facilitator



Starting out from Barton, just west of Cambridge, we will 'travel' to the south-east, discovering the history of all the villages in this lovely area before arriving at our destination: the Cambridge University Botanic Gardens (with the possibility of a real group visit to the gardens in the new year).

Mondays 2.15pm

7 Oct – 11 Nov (6 weeks)

Book group: Small Pleasures by Clare Chambers

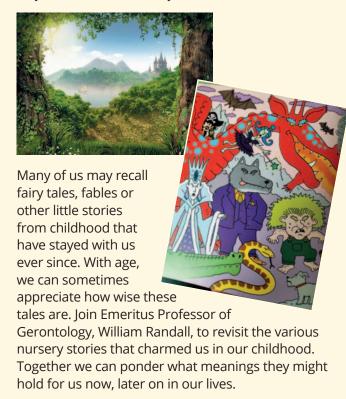
Liz Williams, facilitator

We will be looking at the novel Small Pleasures by Clare Chambers, set in England in the 1950's. Reading a pivotal chapter each week (no need to read the entire book unless you wish to) we will then address the readers' group questions, included in the book. Copies of this novel will be provided to registered participants.



The fascination of fairy tales

Professor William Randall, facilitator



Kind comments from previous participants:



A feeling of belonging in a group. It was a very worthwhile connection, especially as we didn't have to pay for the call.

A great way to meet up remotely especially for those without Zoom et al.

The industrial past of **Cambridgeshire**

Kieran Gleave, facilitator

Join Kieran Gleave, an Archaeology PhD student from the University of Cambridge, as we step back in time to explore the industrial past of Cambridge and the surrounding county. Be it pumping stations, iron and lime works or windmills and coprolite,



Cambridgeshire has many historic industries to discuss. A visit to the Museum of Technology will be included for registered participants.

Thursdays 2.15pm 10 Oct – 14 Nov (6 weeks)

Research into safer medicines and environments

Facilitated by Toxicology Unit research staff

Our mission at the Medical Research Council's Toxicology Unit is to improve health by understanding how everything we are exposed to, such as food, medication, or pollution, affects our bodies. Our researchers will examine topics such as immunotherapy, the microbiome, air pollution and more, and they will share how we can use this knowledge to make our environment and our medicines more safe.

